Our Commitment to Excellence
United Cerebral Palsy of San Joaquin, Calaveras, Amador Counties is accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF). It is a nationally recognized accrediting authority whose sole purpose is to promote quality through a voluntary, independent process of accountability.

Our Committed and Qualified Staff
All staff must pass pre-employment screenings including:
- Drug screening
- Tuberculosis screening
- Fingerprint clearance through the Dept. of Justice
- Provide current and clean DMV record
- Certified infant CPR/child CPR and first aid
- Hepatitis B immunization (recommended)

UCP Mission
Since 1954
To enhance the quality of life for persons with disabilities and to enable them to become more productive, independent, and integrated into the community.

Respite Care Services
Incorporated Since 1954

For more information on UCP Respite Services
Contact:

Program Manager
Respite Care Services
Phone: 956-0260
Fax: 956-0294

http://www.ucpsj.org

Enabling individuals with disabilities to live “Life without Limits”
Respite Care Services

Respite is a service that is available to provide the family member(s) the needed break as the primary care provider; to provide quality personnel care for the individual with the disability; to provide community integration opportunities that will positively affect the consumer’s socialization and functional skills development.

Respite Care Benefits
- Improve personal care at home or in the community environment.
- Develop interaction and functional skills such as: mobility, communication and leisure/recreational activities.
- Enhance self-esteem and social development skills.
- Enrich language, cognitive, small and large motor skills, and daily living skills.
- Reinforce relations with family members and the individual with special needs.
- Instill trust and continuity between care providers, family and individuals for ages 3 and up.

Private Pay Services available - call UCP for further details

Quality of Services Provided
UCP is committed to providing quality care services to individuals with cerebral palsy and other disabilities. UCP’s Respite Program offers traditional respite care in the home on a 1:1 staff to consumer ratio. A staff to consumer ratio can be greater than 1:1 with the consent and full agreement of all consumers and/or care provider’s participation in the program. The program also provides opportunities for recreational experiences and is a wonderful outlet for socialization. A monthly calendar of events is developed specifically for these opportunities and is open to all individuals that participate in Respite Services.

Eligibility Criteria
- Be a direct consumer of Valley Mountain Regional Center
- Must be determined that the consumer’s personal care needs can be adequately met by UCP staff while in-home and/or out in the community
- Must be living with care provider (not care home)
- Must have cerebral palsy or like conditions. A like condition is defined as other severe physical and developmental conditions such as, autism, traumatic brain injuries, epilepsy, etc.
- Must be in consumer’s IPP Plan

Service Operating Hours
- Provide quality Family Respite Services 24 hours a day, 7 days a week
The amount of respite care service hours rendered is dependent on the hours prescribed by Valley Mountain Regional Center. Service can be conducted on any day of the week and time in order to meet the respite needs of the care provider, holidays optional.

Intake / Service Plan
Before delivery of services, information will be generated through interviews with the care provider in order to determine respite expectations, personal care, leisure, social and functional skills service needs and to determine the interaction level between the consumer and other family members. The care provider will be introduced to program options and provided with a handbook that includes:
- conditions, benefits and responsibilities of UCP and person served
- program rules, qualification of staff
- means used by UCP to safeguard the rights of persons served
- grievance and appeal procedures for person served, and/or their care providers
- A Respite Care Plan (RCP) will be established to document the service goals and objectives of the consumer

All persons important to the well being of the consumer will be invited to participate in the planning process.