We believe everyone is entitled to a “Life without limits”
All of us at Health Plan of San Joaquin (HPSJ) are honored to be part of the UCP community. We are inspired by each step taken on behalf of UCP and its work to help every individual with Cerebral Palsy & other disabilities lead a “Life Without Limits.”

UCP’s STEPtember 2015 is now history. HPSJ teams were formed. Many of us laced up our walking shoes. And then, the step challenges began. Competition was intense throughout the month. In the end, the winning team – with 3,639,786 steps – was HPSJ Walks. Not only did HPSJ Walks emerge in first place here at Health Plan of San Joaquin, they were:

1st in San Joaquin County
2nd in the nation
5th in the world, the entire world

HPSJ Chief Information Officer Cheron Vail serves on the local UCP Board of Directors. Yes, she also participated on a STEPtember team. Unfortunately, her team did not win, however, she says this is just more incentive for her team to start warming up for STEPtember 2016.

Health Plan of San Joaquin (HPSJ) provides health care value and advances wellness through community partnerships. This means more than just having a physical presence. As the health plan of choice for almost 20 years, we are committed to supporting not only the health of our members, but also the health of our community. We’re pleased to say that HPSJ, a not-for-profit community-focused health plan, now serves over 325,000 residents and families of San Joaquin and Stanislaus Counties. For more information, visit www.hpsj.com.

– David Hurst, Vice President, External Affairs, Health Plan of San Joaquin

**Mark your calendar**

**7th Annual Crab Feed**
March 18, 2016

**STEPtember**
September 2016
Flying by... my grandfather said, “As you get older the time passes even quicker!” Here at UCP we have been serving San Joaquin County for over 61 years. The passion and the vision have never wavered and the people you meet here at UCP all have a common purpose of making a “Life Without Limits” a reality. 2015 has been a unique year and we found that leadership, collaboration and loyalty run deep in the heart of this organization. We continue to fly forward with a clear purpose. This year we provided 308,012 service hours and served 2,052 clients. We helped individuals to reach their goals and to empower them to advocate for themselves.

United Cerebral Palsy is a place where our families, clients and staff dream, plan, inspire and work together knowing that each day is a new day and a gift. The generosity of our community and sponsors continues to amaze us. We are spurred on to ensure that the dollars go toward programs and services that connect individuals with disabilities and their families to their communities. Out of every dollar that we receive 90 cents goes toward our programs and clients. We seek feedback from our clients and evaluate our services to constantly improve and provide progressive alternatives. Although we have a wonderful 97% satisfaction rating, you know we want even more. That is just how we are. We strive to be the best we can be for the people we serve.

Yes time flies, but we wanted to stop to say “Thank You.” You have made a difference and brought hope and a smile to many faces this year. We look forward to a bright New Year with you.

Kathleen Skeels

UCP Board of Directors
2015-2016

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Nick Cecchetti
Erria Kaalund
Deanna Moreno

Chloe, a beautiful baby girl, was the Kaalund’s 3rd child and all appearances indicated that Chloe was a healthy baby. As Chloe grew and started to miss a few milestones her mom, Erria became concerned. Chloe’s pediatrician who was consulted continued to indicate Chloe was fine but Erria knew better. Chloe’s family continued to advocate for her and when Chloe was two she was diagnosed with Downs Syndrome.

Chloe is now 31 years old and is a client of UCP’s Applied Abilities Program in Tracy, CA. She attends program 3 days a week so she has time to work out at the gym and participate in various weight lifting tournaments. You heard right...Chloe is a weight lifter and competes regularly. How does someone become a weight lifter you ask? Well when Chloe was in Jr. High School she was athletic but like many shy teens she found it difficult to participate in team sports. Her gym coach approached Chloe and Erria and asked if Chloe might be interested in an open position in the school’s weight lifting team; so began Chloe’s adventure to become a weight lifting champ.

Chloe works out under the direction of her coach, Jesse Burdick at Combat Sports Academy (CSA) in Dublin, CA. She practices her dead lifting, bench pressing and does cardio on alternate days. Coach Burdick says, “Chloe is a hard worker but is a typical young lady who at times needs to be reminded to finish her workout repetition.” This isn’t Coach Burdick’s first time working with an individual living with a disability. He also coaches a few individuals who compete in the Paralympics. According to Burdick he doesn’t specialize in working with people with disabilities, he just coaches anyone who is interested in the sport and treats them all the same with tough discipline and high expectations.
Chloe competes in her own weight division where she has won two WABDL (World Association Benchers & Deadlifters) trophies in both bench press and deadlift. This year under the coaching of Burdick, Chloe competed in Las Vegas where she set State and World Records in the bench press at 155.34 lbs. and 314.23 lbs. for dead lift.

Although Chloe can lift most people she knows... she is still all girl. You can tell by her pink weight belt and matching shoes. She used to use pink chalk for her hands until it became too difficult to locate...now she just toughs it out without chalk. When she's not competing Chloe enjoys playing computer games and nights at the movies. Chloe likes participating in UCP’s Applied Abilities Program and says her favorite staff is Jane Fass. She likes going out into the community with her fellow program participants whether it's shopping, dining out, volunteering at other non-profit agencies or going to the movies. It is UCP's goal to provide a person centered program design specific to the needs of our clients. Whether a person wants to aspire to be a world record setting bencher or someone who wants to learn to traverse their community using public transportation UCP is here to help our clients live a Life Without Limits.

Marian Crain

GED Bound

Marian Crain is a 68 year old man that is working towards his goal to get a GED. This has been a long time goal and he has just recently begun the process. He read through all the subjects and chose to research an article for a history assignment. He decided to read Martin Luther King’s Letter from Birmingham Jail. When asked why Marian chose Mr. King’s letter he said, “I understood the job of fighting for civil rights and that people are still fighting. We still have a long way to go. They still sub divide everybody for things we don't even think about. At times in my life when I was looking for a job I felt discriminated against because of my disability.”

Marian looks forward to seeing how far he can go with getting a GED. He hopes that he can get a job but even if he is unable to land a job but gets his GED, he feels he will have more knowledge and will feel like a smart person. Marian reminded us that the founder of Wendy's got his GED at a late age in life and that gives him hope that he can too. The staff at UCP's Program Without Walls, a community integration program will continue to assist Marian to reach his goal to earn his GED and one day locate a job.
Financials

2014-2015
Total Revenue
$7,124,125

- Contributions $49,867
- Special Events $83,970
- Other Income $3,970

98%
Programs & Services
$6,986,318

2014-2015
Total Expenses
$6,615,797

- Administration $695,937
- National UCP $39,996
- Fundraising $43,281

Programs & Services
$5,836,583
### Ethnicity of People Served

- **African American**: 8%
- **Hispanic**: 31%
- **Other**: 19%
- **Caucasian**: 37%
- **Pacific Islander**: 2%
- **Asian**: 2%
- **American Native**: 1%

### Client Distribution by County

- **San Joaquin County**: 98%
- **Calaveras County**: 1%
- **Other Counties**: 1%

### Programs & Services

- **Clinical and Family Services**: 73%
- **Autism**: 13%
- **Epilepsy**: 12%
- **Cerebral Palsy**: 23%
- **Intellectual Disabilities**: 27%
- **Other**: 25%
- **Adult Development Centers**: 9%
- **Program Without Walls**: 1%
- **Respite**: 6%
- **Supported Employment**: 6%
- **Applied Abilities**: 2%
- **Supports to Achieve Independent Living**: 3%

### Types of Disabilities Served

- **Other**: 25%
- **Autism**: 13%
- **Epilepsy**: 12%
- **Intellectual Disabilities**: 27%
- **Cerebral Palsy**: 23%
2014-2015 FY Results

308,012 hours of service to enhance the lives of clients

90% of every dollar goes directly to UCP programs and services

2052 Clients Served

97% satisfaction rating from UCP clients and/or family members
Right here in your community, there are families and care providers struggling to assist an individual with a disability. By supporting UCP we can nurture positive change to thousands of individuals, families and friends.

At UCP we believe everyone is entitled to a Life Without Limits.

This year you can do something amazing!
FRIDAY, MARCH 18TH, 2016
TICKET PRICE $45
SOCIAL HOUR • 6PM - DINNER • 7PM
Lodi Grape Festival - Zinfandel Hall
40 East Lockeford Street
Lodi, CA 95240
(209) 956-0290
please call for accessible seating arrangements

7TH ANNUAL
Last Chance
CRAB FEED
SAVE THE DATE
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Donors and annual reports can be located on our website at ucpsj.org