Teaming up for the challenge: Health Plan of San Joaquin and United Cerebral Palsy

Health Plan of San Joaquin (HPSJ) teamed up with United Cerebral Palsy as their signature sponsor for the World CP Challenge. The wellness and fundraising event was a perfect fit with HPSJ’s philosophy of helping San Joaquin and Stanislaus County residents’ access healthcare services to maintain healthy, productive lives. The World CP Challenge presented a 28 day challenge for participants to walk 10,000 steps a day from September 4th through World CP Day, October 2nd. During the challenge, 69 teams of 4 traversed 7 virtual mountain ranges, while collecting donations where 90% of the funding will go directly to local UCP services and world-wide research to eradicate cerebral palsy.

UCP’s new partner, Health Plan of San Joaquin, is a publicly sponsored, not-for-profit, managed care health plan dedicated to providing quality, affordable healthcare coverage in San Joaquin and Stanislaus Counties. HPSJ currently provides health care coverage to nearly 200,000 people enrolled in Medi-Cal.

Health Plan of San Joaquin and United Cerebral Palsy partnered for a truly good cause: health, wellness and to assist those with developmental disabilities. A match made in heaven!

Rotary Club of Stockton kicks off UCP kitchen remodel

UCP’s kitchen has long been in need of remodeling to make it fully accessible and ADA compliant. The new design will enable the people we serve to prepare, cook and enjoy meals in an area specifically designed for them – a critical step in the makeover of our facilities.

Thanks to a $3,000 lead gift from the Rotary Club of Stockton, funding is now in place for the purchase of major appliances. However, we still need your help to complete this $70,000 project. See our website at www.ucpsj.org for more details on giving levels and donor recognition opportunities. Join us in our passion to help people live “Life Without Limits” by helping us complete this vital project!
**About UCP**
Incorporated and Chartered, 1954

**Mission:** We support a “Life Without Limits” by creating systems that are progressive, accessible, and dependable, reflect quality outcomes and promote independence.

United Cerebral Palsy of San Joaquin, Calaveras & Amador Counties (UCP), a 501(c)(3) community benefits nonprofit organization has advocated for children and adults with cerebral palsy and other disabilities for more than five decades. Today, UCP programs and services make a positive impact to over 2,000 children and adults with disabilities and their families and nearly 310,000 education, advocacy and direct services hours are provided. Programs and services include: Supported Employment (SE), Supports to Achieve Independent Living (SAIL), Respite Care, Tutorial and Mobility services, Clinical and Family Services, Assistive Technology, three Adult Day Centers (ADC), a community integration day program (Program Without Walls), and UCP newest program (Applied Abilities Program) that opened this year in Tracy is a community integration and behavior management day program. Our vision is that everyone is entitled to a “Life Without Limits”. Our passion is to make this vision a reality for the individuals we serve.

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**Board of Directors**
- Kathy Skeels, President
- Laurie Montes, Vice President
- Eddie Lira, Treasurer
- Martin Herzog, Past President
- Daniel Natividad, Secretary
- Sharon R. Stokes
- Lisa Blanco-Jimenez
- Anita Wallace

**UCP Management Team**
- Ray Call, Chief Executive Officer
- Leslie Heier, Chief Operating Officer
- Linda Jeffers, Director of Human Resources
- Lillian Callangan, Director of Finance
- Debbie Link, Director of Clinical & Family Services
- Debbie Jungeblut, Executive Assistant

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**MARK YOUR CALENDAR**

- **Applied Abilities Program Ribbon Cutting**
  December 12, 2013
- **5th Annual Crab Feed**
  March 14, 2014
- **World CP Challenge**
  September 3, 2014 – October 1, 2014

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**A Parents Praise**

Maria,

You taught Elijah how to be a child and play. I remember the first thing you taught him was how to grab his toys. I don’t think Elijah knew he could grab anything. This awakened his little spirit and excited him. Now I can’t get him to stop grabbing and he’s fast and good at it. Elijah did not communicate or play before you came. You taught him to have fun and love life. You taught him curiosity and how to voice his opinions. Now Elijah smiles, laughs and babbles. He watches his sisters play and run and is motivated to do the same. You’ve taught me so much and Elijah now has a more confident mommy because of you. Believe me when I say you were heaven sent. I prayed and prayed for my son and God sent you and a whole lot of angels from UCP. Aggressive and stern you are but a sweet and nurturing soul the perfect combo for Elijah. Each hurdle Elijah overcomes will be because you gave him a great start.

Thank you.

Love Corina Estrada

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**UCP NEWSLETTER**

www.ucpsj.org  (209) 956-0290
In loving memory of David Gould

Our thoughts and prayers go out to David’s family and loved ones. He was a shining star and inspiration for anyone he came in contact with. As a Board Member of UCP he was a sparkplug for new ideas and had the ability to dream, and help our team make the dream come true. We were fortunate he shared his time with us, as well as a successful business, his church and many other non-profits; some he created. All of his energies were focused around great customer service and helping his fellow man. You’d never know he had physical limitations due to Muscular Dystrophy because his focus was always on helping others. David was a star player on all of our teams. His guidance and leadership at UCP will be dearly missed.

Applied Abilities Program opens in Tracy

United Cerebral Palsy’s much anticipated Applied Abilities Program (AAP) opened on November 12, 2013 in Tracy. The program is designed and driven by each individual based on their life goals and passions. Our program participants are adults from 18 to 60 years old who live in the Tracy and Mountain House area. They participate in a variety of skill building activities in the program and in the community, including workability, social skills development, cooking, healthy living, budgeting, computers, visual arts, exercise, and volunteerism. The program is located at 324 E. 11th Street. This prime location offers centralized bus routes to and from various areas throughout Tracy plus many businesses, restaurants and civic organizations in walking distance for our customers to get involved in. The program has the capacity to serve up to 60 individuals. A ribbon cutting to celebrate the opening of AAP will be held on December 12, 2013 at 4:30pm.

Annual Report 2012-2013 FY

- Revenue/Expense Pie Charts
- Program Accomplishments
- Giving Tribute to Donors/Partners
- Annual Financial Audit
- 990 Filing

For full reports visit www.ucpsj.org

Maintaining Our Commitment to Excellence

United Cerebral Palsy of San Joaquin, Calaveras & Amador Counties is accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF). It is a nationally recognized accrediting authority whose sole purpose is to promote quality services for people with disabilities. CARF accreditation serves to reinforce your trust and confidence that our organization has made a major commitment to the enhancement of quality through a voluntary, independent process of accountability.
SAIL & Respite Care Programs Provide Support
By: Michelle Francis, UCP Program Manager

UCP Supports to Achieve Independent Living (SAIL) program created the Diner’s Club; a venue where customers and friends can gather on the first Friday of each month at a local restaurant to visit with friends and build new relationships. Not only does the Diner’s Club provide socialization but provides an environment where customers use other daily living skills such as reading, money management and use of appropriate manners and etiquette in a community establishment. Customers also have the opportunity to rate the restaurant on accessibility and overall customer service which is an important area to those who participate.

When asked, SAIL customer Becky Brott, stated, “I really enjoyed going to the restaurants and visiting with friends.” Becky is a Diner’s Club regular and has attended for over 15 years. Becky has made many friends through this experience. She now meets with other participants from the Diner’s Club outside of UCP on a regular basis. Respite customer, Anthony M., said, “It is one of the best things to do and I get to see all the people I like at UCP.” Michael likes attending because there are other young adults he can relate to and he gets to spend his money.

Through SAIL’s services, individuals with disabilities are able to live on their own. It is an essential program at UCP and promotes the agency’s mission that empowers people to live “Life without Limits”. Last year, the program served 46 customers and provided 21,121 advocacy, training, education and direct care service hours.

UCP Respite Care Services is an essential resource for those caring for an individual that needs assistance with daily life skills. The program gives the care provider a break from the strenuous task of providing such care. The program served 99 families and provided 14,303 direct service hours and is expanding its services to various populations that need assistance in such areas as personal care, transportation to appointment or needing help with grocery shopping. For those who are not eligible for contracted service, UCP has established private pay services.

CORPORATE OFFICE
(PROGRAMS: AAC, SAIL, RESPITE CARE & SE)
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CLINICAL & FAMILY SERVICES
6702 Inglewood, Ste G, Stockton, CA 95207

ADC - HAMMER RANCH
7616 Pacific Ave, Ste A-6, Stockton, CA 95207

PROGRAM WITHOUT WALLS
6709 Plymouth Rd, Ste C, Stockton, CA 95207

ADC - MANTECA
134 Pacific Rd, Manteca, CA 95337

APPLIED ABILITIES PROGRAM
324 E. 11th St, Tracy, CA 95376

Carlito’s Way to Success
UCP’s Supported Employment Program (SE) is still hard at work assisting members with finding jobs. A great example is Carlito Tualla, a hard working member of UCP’s Landscaping Crew. Over the past few years Carlito has consistently displayed an ability to perform all job tasks efficiently. With the help of the SE, Carlito has pushed himself further and landed a job with Safeway! To learn more about this program view our We Have Skills video at www.ucpsj.org.